

§ 76317. Developmental Program Services -Program Elements.

(a) The facility shall have the capability to provide program services usually required by persons with developmental disabilities. However, actual programs provided to clients shall be based on the specific needs identified through client assessments. These programs include:

(1) Sensory motor development training programs such as:

(A) Visual stimulation.

(B) Auditory stimulation.

(C) Tactile stimulation.

(D) Kinesthetic stimulation.

(E) Laterality and directionality training.

(F) Large and small muscle stimulation.

(G) Balance and postural training.

(H) Training in the developmental skills which precede ambulation.

(2) Self-help skills training program which shall include an intensive habilitation program in the areas such as:

(A) Bladder and bowel management.

(B) Dressing.

(C) Bathing.

(D) Eating and meal-time skills.

(E) Grooming.

(3) Behavioral intervention program, which shall include the elimination of maladaptive behaviors, both destructive and stereotypic through the use of behavior modification techniques, counseling and other appropriate techniques. The program shall also focus on the introduction, shaping, strengthening and maintenance of adaptive behaviors through the use of all manners of positive reinforcement and shall not be negative or punitive in nature. Aversive techniques shall be in compliance with the provisions of Section 76331.

These programs may either be separate or integrated with other program activity throughout the program day.

(4) A habilitation program which shall include education, recreation and effective use of leisure time and socialization skills. The program shall emphasize skills such as:

- (A) Communication skills.
- (B) Manipulative skills.
- (C) Homemaking skills.
- (D) Art and cultural expression.
- (E) Academic education.
- (F) Recreation skills.
- (G) Prevocational and vocational training.
- (H) Family life education.
- (I) Community life education.

(5) Sensory development program for the sensory deprived which shall include intensive training such as:

- (A) Communication, both oral and manual language.
- (B) Mobility.
- (C) Orientation.
- (D) Environmental awareness.
- (E) Tactile awareness.
- (F) Self-care.

(b) The goal of the program shall be to help each client attain as high a level of independent functioning as can be achieved.

(c) The facility shall provide program services seven days a week. Each client shall receive at least 56 hours of planned program each week. The program hours shall include:

(1) Any programming provided by generic agencies either outside or inside the facility as specified in the individual program plan.

(2) Any programs provided by the facility either outside or inside the facility.

(3) Any recreation and activities of daily living as part of each unit's daily program.

(4) No more than two consecutive hours of time not devoted to intentional planned activity specified in the individual program plan, such as "nap time," "free time" and unstructured leisure time.

(5) Weekend programming which emphasizes recreational outings and socialization experiences.

(d) If, as a result of the client assessment, the interdisciplinary team concludes that the client is capable of independently making effective use of leisure time, self-structured leisure time may be specified in the individual program plan and in the daily activity schedule, and such time shall not be considered as the program hours referred to in Section 76317 (c)(4).

(e) When a client receives the major portion of program services through generic agencies, the facility shall provide continuity of programming.

(f) Clients shall be permitted personal possessions, such as toys, books, pictures, games, radios, arts and crafts materials, religious articles, toiletries, jewelry and letters.

Note: Authority cited: Section 208(a), Health and Safety Code. Reference: Sections 1276 and 1277, Health and Safety Code.

22 CCR § 76317, 22 CA ADC § 76317